

Ottawa Inuit Children's Centre

The logo consists of three stylized white figures in a circle. The figures are simplified, rounded shapes representing people. They are arranged in a circle, with one figure in the foreground and two behind it. The circle has a scalloped, gear-like edge. The background of the logo is a light blue color, matching the overall page background.

2015-2016

Annual Report

OICC Theory of Change

OICC supports Inuit children and youth in Ottawa, to be strong, healthy and proud community members with knowledge of their culture, connection to the local Inuit community, equitable access to services and supported by their families. We do this through culturally strength-based programs and individualized services for the children, youth and their families that improve their ability to live a good life. All of our programs and advocacy work are rooted in the components of head start and guided by the Inuit Qaujimaqtuqangit principles.

WHO

Inuit children, youth and their families in Ottawa accessing our services belong to the following groups:

- 1) Inuit children born and raised in the South;
- 2) Inuit children who have relocated to the South; and
- 3) Inuit children adopted or fostered into non-Inuit families.

HOW

INTAKE, ASSESSMENT AND PERSONAL PLAN

Each child/youth is assessed and a personal plan developed to help them achieve their individual outcomes. The plan addresses support for the family, the school and relevant service providers to create the conditions for success for the child/youth, including those with special needs and/or disabilities. Progress against this plan will be assessed annually, and the plan modified accordingly.

CULTURALLY-RICH CHILD AND YOUTH PROGRAMS

- Programs led by Inuit staff and based on the Inuit Qaujimaqtuqangit and the Head Start philosophy.
- Individualized services to address specific needs of children and youth
- Culture and Inuktitut language programs, activities and events
- Recreational and sports programs teaching physical fitness and nutrition
- Mental wellness programming
- Child focused advocacy and system navigation

FAMILY SUPPORTS

- One-on-one support, advocacy and referrals to address specific needs of families (food, shelter, health, safety), and enable them to provide a good life for their children
- Culture and Inuktitut language programs, activities and events
- Parenting programs

COMMUNITY SUPPORTS

- Inuit culture is taught in schools and to teachers to better support Inuit students
- Elders are engaged in OICC programs and in community social events
- Advocate for the needs of our children, youth and families with other service providers in the community and at all levels of government

ADVOCACY & AWARENESS

- Liaise with agencies to ensure access to culturally safe and timely services
- Educate partner agencies and service providers to improve cultural sensitivity of services
- Representation of Inuit at all levels of government to impact government policy
- Educate non-Inuit to increase awareness and appreciation of Inuit culture

OUTCOMES

OICC holds itself accountable for each child/youth demonstrating improvement in the following areas in accordance with their own personal plan.

Our research confirms that all of our programs and services lead to these outcomes.

	SHORT TERM (1 year)	LONG TERM (3-5 years)
CULTURE & LANGUAGE EDUCATION	Knowledge of Inuit parenting, culture, lifestyle, traditions and skills Engagement in Inuit activities Exposure to Inuktitut School readiness Attendance and engagement at school Access to additional school supports Awareness of Inuit culture and language	Practice of Inuit values, traditions and skills Cultural pride and identity Positive outlook on learning and school Engagement of parents in education Individualized success at school
HEALTH PROMOTION	Engagement in physical activity Access to community services Exposure to healthy choices	Access to culturally safe community services Awareness of healthy lifestyle choices
NUTRITION	Access to healthy food Knowledge of and access to traditional food	Awareness of good nutrition Appreciation of traditional food
SOCIAL SUPPORT	Access to individual and peer supports Access to mental wellness supports	Self-confidence and self-reliance Mental wellness
PARENT & FAMILY INVOLVEMENT	Connection to community Engagement in OICC Empowerment of parents in decision making	Community belonging Parental advocacy for the needs of their children/youth Parenting skills

Leading to

ULTIMATE OUTCOME
Inuit children and youth are strong, healthy, and proud of their culture and connected to the Inuit community, their family and are living a good life.

Every child/youth moving towards these outcomes to live a good life

Executive Director & President's Report

How can another year have passed by so quickly? When you work with children you become so aware of the passing of time and they teach you that every day is one to cherish.

It has been a year that I feel will bring about big changes for our children, youth and community. It has been a year where the board and staff heard clearly from the community that our current programs are working and that in the future we need to expand programs and services to meet the growing needs of our families. We heard that Inuit children and youth living outside of Ottawa also deserve to have programs that celebrate the strength and beauty of community, culture and heritage. We need to be open to sharing what we know and have learned about serving urban Inuit.

We started looking for new space to hold our many programs. A new space will take shape with the community guiding the process. We look forward to hearing from community and staff where that building should be located and what that space will look like. One thing we know is it will reflect the needs of the community and the beauty of the culture.

We designed a new process for families to be welcomed into the OICC. A "one-door" intake process was designed and a data base was purchased. We wanted to ensure that we have a clear picture of the needs of families so programs will continue to meet the needs of our kids.

Our staff continue to work hard to ensure that children, youth and families have exceptional experiences at the OICC. All of our staff took part in many training days this year to ensure that they have the best skills and training possible.

It was a sad time for all of us at the OICC and in the community as we mourned the loss of our friend and elder Ovilu Goo Doyle. Ovi was often seen at the OICC laughing with the children and her bannock was always shared with all at our community events. Ovi always asked how she could help out and was truly a role model for all in what it meant to give to community. We miss her terribly but the lessons she taught us will live on in all of us.

In closing we want to thank you, our parents for trusting us to do what we do and for having made a commitment to your children and your community. Your commitment ensures that your children have access to culturally rich programs that celebrate who they are and where they come from. Without your commitment our work just doesn't happen.

-Karen Baker-Anderson and Melinda Shambare

Qujannamiik!

Sivummut Head Start

Program Description:

Sivummut Head Start is a half-day cultural preschool program that serves Inuit children between 2.5 - 6 years of age. The main goal of this program is to provide a supportive learning environment for Inuit preschool children and their parents, and to give these children an educational “head start”. Sivummut Head Start is licensed by the Ministry of Education.

Year at a Glance:

We had another rewarding year of providing cultural, stimulating and fun early learning experiences based on play, exploration and inquiry for our toddlers and preschoolers in Sivummut. Our 32 children attended monthly field trips, received dental screenings and varnishings by the City of Ottawa, had a nurse practitioner from Wabano in for well-child checks, ate country food weekly and had visitors in for special activities. We were pleased that families felt at home in the program and we continue to encourage them to be a driving force behind what we do because this is their program. It was a great year for everyone involved!

Funder(s): Public Health Agency of Canada

Partner(s): Ontario Aboriginal Head Start Association, City of Ottawa, Akausivik Inuit Health Clinic, Wabano Centre for Aboriginal Health

“We really enjoyed receiving M’s progress report last week. Both (my wife) and I found ourselves smiling and nodding about all of the observations and insights included. M is able to participate in so many great activities at OICC. We are incredibly thankful for all the hard work and caring nature of the staff! Thanks so much for all you do.”

-Parent

“My most favourite part of my child attending the program is that he gets very excited telling me stories of how he learned to use a harpoon, building Igloo’s, and how dog sleds were used to travel “way way ober der”

-Parent

“His attitude is glowing since he had started going to the program.”

-Parent



Tumiralaat

Program Description:

Tumiralaat Child Care Centre is a full-day early learning program licensed by the Ministry of Education for 24 children between 18 months and 6 years of age. Tumiralaat focuses on children's early learning based on Inuit values regarding the development of self, family, community, resilience, learning, and respect for the environment.

Year at a Glance:

We had a wonderful year at Tumiralaat. The children benefited from monthly field trips, dental screenings/ varnishing, well-child checks, visitors to the program and support for their families. The educators showed dedication and commitment to the teaching of cultural knowledge and the development of children's skills in a manner that reflects Inuit parenting values and by following the 6 components of the Aboriginal Head Start program. Cultural teachers and Early Childhood Educators worked together to ensure that culture was at the forefront of program activities e.g. country food, Inuktitut, cultural activities and Inuit values and traditions. Some things you might have seen in the program were children learning to light the qulliq, drumming, singing songs, respecting the land, hearing about life in the North and taking care of one another.

Our Early Years Parent Council met regularly this year to provide input into our Early Years programs. They participated in a variety of ways including advising on the cultural direction of the program, giving feedback on specific tasks and events, participating in interviews of potential new employees and reviewing family related programming. We are grateful to have the engagement of such a dedicated group of parents.

Funder(s): City of Ottawa

Partner(s): City of Ottawa, Akausivik Inuit Health Clinic, Wabano Centre for Aboriginal Health



"My panilaaq is counting 1-5 in Inuktitut when I didn't think she'd be ready to. Yay, qjannamiik aksummariialuk! Also I noticed how she counts with soap in the hands."

-Parent

"I love how caring the staff are – my child feels loved."

-Parent

Kindergarten

Program Description:

The Kindergarten offers full day learning on site at OICC in partnership with the Ottawa Carleton District School Board (OCDSB). The Ontario Kindergarten curriculum is brought to Inuit children, strengthening a commitment to Inuit identity, culture and values. Eighteen children are registered in this program with one kindergarten teacher, one ECE teacher and one cultural teacher.

Year at a Glance:

The OICC Kindergarten class had another wonderful year with many opportunities for our children to learn about their world and Inuit values and principles. The classroom offered a culturally rich program that focused on the use of Inuktitut throughout the day, doing circles that furthered the children's knowledge of life in the North, teaching songs and syllabics, and guiding the teacher and Early Childhood Educator on how the program can be adapted to be culturally relevant. The children also participated in all of the activities provided by Sivummut and Tumiralaat such as field trips, dental supports, well-child checks and program visitors but also received all of the opportunities available to them through the school such as school photos, assemblies at Robert E Wilson, and eye and hearing exams. The Kindergarten children were often requested to perform their singing and drumming skills for a variety of audiences. These opportunities allowed the children to feel proud of their culture and practice behaviour skills in a different setting and we are always so very proud of how they represent the OICC and Inuit community here in Ottawa.

Funder(s): Public Health Agency of Canada, Ministry of Education, City of Ottawa, Ottawa Carleton District School Board

Partner(s): City of Ottawa, Ottawa Carleton District School Board, Robert E Wilson Public School, Akausivik Inuit Health Clinic, Wabano Centre for Aboriginal Health



"He learned a lot in Inuktitut and he remembers what he does in school, and it helped us understand what he is most interested in life".

-Parent of a 5 yr old in Kindergarten

School's Cool

Project Description:

School's Cool is a short, school readiness program that has a tremendous impact on Kindergarten children. These are skills that are critical to success in kindergarten (such as language, math, psychological, self-help and social skills). Children who attend a School's Cool program increase those skills during this six-week program. Boards of education have seen that those gains are sustainable in higher grades, resulting in higher EDI and grade 3 testing scores. School's Cool gives children self-confidence and puts them on a trajectory for success.

Year at a Glance:

We were thrilled to be able to run the School's Cool program again this year, delivering 6 weeks of programming to 16 children during the summer. The program focused on school readiness skills that helped to prepare the children for school in September. The activities were originally developed by the School's Cool program but we integrated a cultural component delivered by a cultural teacher, which meant the children were surrounded by traditional values and practices.

Funder(s): Pinecrest Queensway Community Health Centre

Partner(s): Pinecrest Queensway Community Health Centre



Bridging the Gap

Program Description:

Bridging the Gap supports Inuit students and parents within Ottawa schools. It teaches about Inuit culture and history and assists teachers in supporting Inuit students' learning styles by building confidence and aiming for academic success. This program targets both elementary and secondary school students in the Ottawa area. Program components include home - school liaison, classroom presentations, parent support and education, cultural awareness and education workshops for teachers and school staff, and student support.

Year at a Glance:

The Bridging the Gap program has seen a very busy year with many impacts for Inuit students within Ottawa area school boards, mostly the Ottawa Carleton District School Board and the Ottawa Catholic School Board. The two main focuses this year were classroom presentations and individual supports with students who needed assistance with improving academic and/or social skills. We completed 639 presentations about Inuit culture and history reaching 16701 people. The Student Support Coordinator worked with 35 students along with 15 parents on a short-term and long-term basis to increase school success. These supports included individual and small group tutoring, supporting classrooms with Inuit resources, as well as liaising and supporting parents in understanding the education system. This year, in addition to those two components, March Break and summer camps ran in partnership with other OICC programs.

Funder(s): Ministry of Education, Ottawa Carleton District School Board

Partner(s): Ottawa Carleton District School Board, Ottawa Catholic School Board. We are in the developing stages of partnerships with the Conseil des Ecoles Catholiques du Centre-Est, and the Conseil des Ecoles Publiques de l'est de l'Ontario.

"Thank you so much for coming the other day and presenting. It left a profound impact on us and we were struck by the graciousness and sharing of your celebrations, lifestyle and struggles. The youth also communicated how much fun they had playing the traditional games and spending time with you."

-Teacher

"You should see how the kids still play the Inuit games in the halls and in the school yard at recess."

-Teacher

"I just wanted to send you a note to say that the presentation today was amazing! The students were so engaged and interested and this is a class that rarely asks questions! The delivery was awesome and accessible for my ESL students. They definitely had a great experience."

-Teacher



Uqausivut

Program Description:

Uqausivut offers a variety of language retention activities for children, parents, the community as well as other agencies. This program is essential to keeping Inuktitut alive in Ottawa by promoting and supporting its retention in an urban setting. Activities include language classes, a resource lending library, language activities for children and instructional resources.

Year at a Glance:

This year the Uqausivut program focused on Inuktitut language classes for children, adults, and service providers. A total of 88 participants registered for the Inuktitut classes consisting of a children's, adult beginner, adult intermediate, and agency class, a one-day intensive Nunatsiavut dialect class totalling 126 hours of instruction. Thanks to our partnership with Camp Smitty, we also delivered a week-long language camp, where children and youth experienced land-based activities, learned from their elders and learned how to harvest a seal. We also developed two Inuit cultural resources for Primary/Junior and Intermediate/Senior grades. Once again, this year's program was very successful.

Funder: Canadian Heritage

Partners: Ottawa Carleton District School Board, Camp Smitty



"I really valued this opportunity for myself and my children. I saw the confidence of my son especially blossom when he could feel proud to speak Inuktitut. Prior to this class he never practiced using any words he knows."

-Parent

"The course provided not only language training, but also very importantly insights into the Inuit culture. I am very pleased and fortunate to have been able to attend and plan to do so more in the future, if available."

-Class participant

"Very enriching! The whole atmosphere was greatly pleasant and so informative. I am very grateful to have been able to participate in this wonderful workshop!"

-Participant



Akwe:go

Program Description:

Our Akwe:go program provides holistic support for Inuit children ages 7-12 in need of additional supports. The Akwe:go program serves up to 20 children/youth at a time, providing direct, individualized services and group activities for children and their families including referrals to other supports.

Year at a Glance:

The past year has been an active one for our program and has been more successful than ever before with the help of everyone involved. We provided individual and group supports for 18 youth who participated in academic supports, cultural activities, Tukimut after-school program, two camps with Elders, I love to Swim, healthy cooking classes, individual school visits, Right to Play, Boy's Club and Girl's Club. Youth worked on building skills in the areas of coping skills, positive relationships, self-esteem and healthy living.

Funder: Ontario Federation of Indigenous Friendship Centres

Partner(s): City of Ottawa, Canadian Tire Jumpstart, Right to Play, Minwaashin Lodge, Ottawa Carleton District School Board, Children's Aid Society of Ottawa, Wabano Centre for Aboriginal Health, Circle of Care



"I really loved tasting all the different types of cheese, it made me feel like I was travelling the world"

-Akwe:go Summer camp participant

"Learning to swim was fun, but most of all I loved the feeling of being a mermaid"

-I Love to Swim participant

Tukimut Afterschool Program

Program Description:

Tukimut Afterschool Program offers afterschool programming for Inuit youth grade 1-8 through cultural, recreational, health, physical and educational activities. The goal is to increase Inuit children and youth's success by blending academic support with cultural competency, recreation and healthy living.

Year at a Glance:

Tukimut grew a lot this year with over 50 participants registered in the program. This caused us to re-structure the program, including location and programming days. As a result, we moved from Rideau High school to R E Wilson Public School. This location gave us more space and regular access to the gym. With the change of location, we also changed our way of programming. Since we had so many youth registered, we divided the program days based on the ages of the youth. Each day we focused on culture, homework, and physical activities. Some program highlights included many creative art experiences through our partnership with Ottawa School of Art, students from Nunavut Sivuniksavut who provided a day long cultural event including Inuktitut, beading, sewing, face tattoos and Inuit games, visits from a dental hygienist from City of Ottawa to do dental screenings, Right to Play activities twice a week, the *I love to Skate* program and tutoring sessions with Ashbury students.

Funder(s): United Way/Centraide Ottawa, Ministry of Tourism, Culture and Sport

Partner(s): Ottawa School of Art, Nunavut Sivuniksavut, City of Ottawa, Right to Play, Ashbury College, Propeller Dance, Ottawa Carleton District School Board



"I love Tukimut because I get to learn about my culture"

-Youth

"I see kids who look like me at Tukimut"

-Youth

Right to Play

Program Description:

The Right to Play program creates positive experiences for Inuit youth through play based learning. It also teaches important life skills that encourage behavior change. At the core of every activity is a Reflect-Connect-Apply approach, which encourages children to examine their experiences, relate those experiences to what they already know and apply that learning to their daily lives. This strategy helps children adopt and maintain lifelong healthy behaviours and attitudes.

Year at a Glance:

This year Right to Play offered 3 programs for children and youth ages 6-21 years. We ran Right to Play sessions with 6 – 12-year-olds in the Tukimut after-school program, the Parents Play and Learn for Families Group, and Boy's and Girl's Groups. Each program focused on at least two of four pillars: better health, positive relationships, youth employability and continuing education. Each session incorporated skill building activities which are organized by the following themes: health, positive relationships, emotional wellbeing, cultural connections, focus and concentration and leadership. When we evaluated our Right to Play programs this year, 85% of children and youth reported an increase in healthy behaviour; 70% felt like they were better leaders since participating in Right to Play programs; 90% of participants were regularly active after Right to Play; 75% of participants learned how to make healthy foods; and 90% of respondents felt more confident since participating in the Right to Play Program.

Funder(s): Right to Play

Partner(s): Ottawa Carleton District School Board, MARY Homes, Tukimut

"This school year I got bullied by someone and through RTP I found ways to figure out why and how to make it better, and it helped me work out my problem. Also all the games are keeping us active and I learn from some of the games"

-Youth

"We really appreciated having an active program to participate in with our daughter - it helped us to find games to be active as a family together."

-Parent

"We benefit from this program immensely by reinforcing cultural connections and through modelling play and fitness. It's absolutely awesome to see how engaged the kids are"

-Parent



We Belong

Program Description:

The aim of We Belong is to engage Inuit youth during out of school hours in activities that focus on cultural, social and physical competency and school engagement. Among the engagement activities is mini-programs, camps, Youth Steering Committee (YSC), a youth drop-in, Flotilla for Friendship and Dreams Take Flight.

Year at a Glance:

We had a very successful year with We Belong. We engaged our youth in physical activities, ran the Soccer Leadership Program for 10 youth over 12 weeks, I Love to Play Soccer for 15 youth over 6 weeks, Flotilla for Friendship for 20 youth and Dreams Take Flight for 1 youth. Cultural activities included carving, sewing, beading, throatsinging, storytelling, Inuit games and country food. A definite highlight as was our trip to the PanAm Games in Toronto. Members of the YSC took an active role in planning topics for meetings such as life skills, resume writing, cooking classes and physical health. Some of our partner contributions included Youth Services Bureau who supported us with resume and job applications, TD Bank who gave us tickets to attend Red Black games and provide a staff to talk about careers, Algonquin College/Carleton University/University of Ottawa who presented post-secondary options and Ottawa Police Services to create a positive relationship between Inuit youth and police.

Funder(s): United Way/Centraide Ottawa

Partner(s): Youth Services Bureau, TD Bank, Algonquin College, Carleton University, University of Ottawa, Ottawa Police Service, Ottawa Carleton District School Board, City of Ottawa



"It helped me with giving me ideas on things I can do after high school"

-Youth Participant

"It's good to come and know that I helped with the programing ideas"

-Youth Participant

Circle of Hope

Program Description:

Circle of Hope Youth Leadership Program engages Inuit youth aged 13+, in group development activities focusing on increasing life skills, making a valuable community contribution, and helping youth to be more successful in their academic and career paths. The group has guest speakers to discuss career ideas, post-secondary school options, employment support and life-skills teachings. The program also supports youth who require help staying in school as well as those trying to enroll in schools, either as newcomers to Ottawa or transitioning from one school to another.

Year at a Glance:

This year, 32 youth participated in the program which helped them to develop life skills, foster community involvement, promote academic success and prepare for future careers. Over the year, eight guest speakers presented on various topics such as career choices and paths, post-secondary school options, employment supports and life-skills. Presenters included but were not limited to representatives from Carleton University, Ottawa U, Algonquin College, City of Ottawa and TD Bank. Sixty-four employment and educational referrals were made to support youth participants in working towards gaining employment. The program also sought to support youth who required help staying in school as well as those trying to enroll in schools, either as newcomers to Ottawa or transitioning from one school to another. A highlight of the year were the many Truth and Reconciliation events that youth attended including at the National Arts Centre and the Governor General's.

Funder(s): Ontario Federation Indigenous Friendship Centres

Partner(s): City of Ottawa



In their own words:

Inuit youth discuss the hardships and pride they've experienced as a result of their culture, and where they fit in – or don't – in the Liberal government's indigenous policies.

POWER & INFLUENCE



"I want to be a chef, and now I know how to become one."

-Youth Participant

"I didn't know that there were so many choices after high school."

-Youth Participant

Sports and Recreation Program

Program Description:

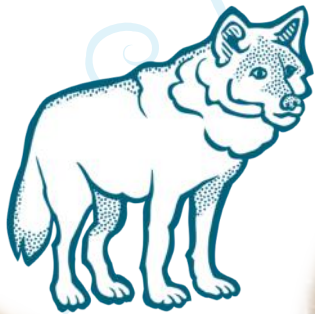
This program partners with the City of Ottawa to deliver sports and recreation activities to Inuit youth between the ages of 14-18 years. The goal is to reduce barriers and increase access to physical activity, skills-building and leadership skills.

Year at a Glance:

The program had a big impact on many Inuit youth in reducing barriers to their participation in sport. Twenty-one youth participated in weekly sports and recreational programming such as hockey and basketball. Bi-weekly visits were made to Inuit youth living in group homes to help support healthy living and recreational activities within a cultural context. Ninety percent of participants said that this program made it easier for them to participate in sports and ninety-five percent of youth said they were more active as a result of the program. The highlight of the year was attending the Pan-Am games in Toronto!

Funder(s): Ministry of Tourism, Culture and Sport

Partner(s): City of Ottawa, Ottawa Carleton District School Board, Aboriginal Sport & Wellness Council of Ontario, Southern Ontario Aboriginal Diabetes Initiative



"I want to be a famous athlete like her"
-participant when meeting Waneek Horn-Miller

Sananguaq Youth Small Business

Program Description:

The Youth Small Business provides an artists' studio for Inuit youth to learn traditional art skills. The program implements a professional business environment for our youth to utilize new and existing partnerships, where they develop business skills through collaboration with community partners. Ultimately we anticipate that youth would create an independently sustainable business that will provide them with a reliable source of revenue through their art. This is a profit-sharing model where decisions about revenues are made collectively by the youth, who are learning both employment and business skills.

Year at a Glance:

Sananguaq art studio program engaged 33 male and female youth ranging from the age of 13-29 years of age. Youth attended daily programming with an elder or knowledge keeper from the community to learn skills such as sewing, jewelry making, carving and print making. Bi-weekly business meetings were led by Enactus program students from Ottawa University. Youth attended 6 craft sales and were given the opportunity to sell their art which resulted in sales of \$1460.00. The carving group was approached by the Ottawa Catholic School Board and commissioned to make 110 granite inuksuit. The inuksuit contract was for \$1650.00. This contract ensured that an inuksuk is present in each OCSB school in Ottawa as part of their Indigenous peoples' display. The youth attended the National Arts Centre in Ottawa to watch Canada' Royal Winnipeg Ballet- Going Home Star show where they were able to meet famous Inuit throat singer Tanya Tagaq.

Funder(s): Ontario Federation Indigenous Friendship Centres

Partner(s): In kind donations from Pat Flesher Furs, Rockland Textiles, Canadian Soap Stone Counter Tops, Beechwood Cemetery, Above and Beyond Magazine, Un1ty Entertainment, National Arts Centre and Pym.

"I used to see men around the community carving, but since I moved to Ottawa, I haven't seen anyone carving. As soon as I saw that this was here, I had to come. It's like being back at home and getting help from people older than you."

-participant

"My grandfather and father are carvers, they used to teach me, but since I've been down south, I haven't done anything. I'm going to come in every chance I get."

-participant

"I saw your poster, and I had to bring my son as we both carve. We just moved to Ottawa and didn't know things like this exist here."

-father



System Navigation

Program Description:

The System Navigator provides case management, screening, assessment, referrals and advocacy for Ottawa families who have Inuit youth ages 6-18 who are experiencing mental health challenges and/or addictions. The System Navigator assists families in navigating the health and social system, organizes and manages their care, to overcome barriers and ensure adequate care from various community and government agencies and organizations.

Year at a Glance:

The System Navigator offered families who have Inuit youth experiencing complex challenges, the opportunity to engage in the Integrated Plan of Care process. Five children/youth and 9 parents/guardians received direct individualized care through the Integrated Plan of Care process. The Integrated Plan of Care process, created by Ottawa Service Collaborative, is an inter-professional team approach to individualized care. This process creates connections between the child/youth, their family and/or supporters, and multi-disciplinary service providers as equal partners, and operates from a needs and strengths-based approach. The majority of families who accessed the IPC process, utilized the Aboriginal Integrated Plan of Care stream, which recognized that Aboriginal knowledge is critical to providing culturally appropriate services for First Nations, Inuit and Metis children and their families.

Funder(s): United Way/Centraide Ottawa

Partner(s): Ottawa Carleton District School Board, Children's Aid Society of Ottawa, Ottawa Catholic School Board, Children's Hospital of Eastern Ontario, Community Care Assess Centre, Parents' Lifeline of Eastern Ontario, Conseil des écoles catholiques du centre-est, Rideauwood Addiction and Family Services, Robert Smart Centre, Royal Ottawa Health Care Group, Coordinated Access, Crossroads Children Centre, Wabano Centre for Aboriginal Health, Family Services Ottawa, Youth Services Bureau, youTurn Youth Support Services, SNAP program by Child Development Institute



"The IPC process brought about a shift in how we in education approach programming for students. We worked on a case last year which now has a student accessing two separate schools in the same board to meet her needs socially and academically; one of the first times this has happened. It was a result of a consultative process led by the IPC process."

– School Principal

Innunquininiq Parenting Program

Program Description:

The Innunquininiq Parenting Program is a new program to support Inuit parents raising children in Ottawa. We will be replicating and adapting the well established Innunquininiq Parenting Program developed in Nunavut for use with parents at OICC. The proven program utilizes the strength of the Inuit culture to engage and build parenting capacity. This twenty-week program will be offered annually over a period of three years. Additional supports to parents will be offered through parent mentoring program, women's healing circles, father's group and home visits

Year at a Glance:

Funding for this project was released in January 2016 and between then and March 31, 2016 we were in the initial start up phase of the project.

Funder(s): Ontario Trillium Foundation

Partner(s): Qaujigiartiit Health Research Centre (AHRN-NU)



"This event was great! No longer have to stress about back to school stuff"

-Parent

"The pudding eating contest was so much fun!"

-Participant

Special Projects

Name of Project:

Aboriginal Mental Health Professional Development Fund; Suicide Prevention Training and Well-being Camp

Funder: Ministry of Children and Youth Services

Project Description:

OICC staff who provide child and youth mental health services attended professional development opportunities to increase their skills and capacity in this area. Training was provided on attachment-based strategies, case management, active listening and Grief-Edu Therapy. We also hosted a five day on the land March break camp. Many staff and youth who attended said that it was very meaningful for them and that they loved being together as a community and learning from the Elders who attended. The youth took part in cultural activities but also learned from Elders why those activities are important and why they need to keep these teachings, history and cultural alive. Children and youth left feeling grounded and reconnected to each other and their culture.

Name of Project:

Capacity Funding for the Provincial Indigenous Child and Youth Strategy

Funder: Ministry of Children and Youth Services

Project Description:

Through this funding, the OICC continued to work with partners from Provincial Indigenous Agencies around the co-development of a provincial strategy for Indigenous children and youth. We are proud to say that we have worked very hard to ensure that the voice of the Inuit community is heard. We believe that MCYS clearly understands the need for programs and services for the growing urban Inuit community in this province. It has also given us a chance to share our work with others in hopes that other communities can benefit from what the OICC has been learning about serving Inuit children and youth over the past 10 years. Our accomplishments this year included: participating in monthly meetings; meetings with staff and board on mapping community needs based on the community forum and input from parents; research on centralized intake processes and development of a "one-door" intake process; research on effective databases and the purchase of a suitable database; hosting and facilitating a meeting with senior staff from Nunavut Department of Social Services and Ottawa based service partners to look at the needs of Nunavummiut youth residing in care facilities; conducting research on what an Inuit home-based care model might look like for child welfare involved families; doing a review of Child and Family Services Act by staff and board member (legislation and laws for child welfare in Ontario). All in all, this has been very meaningful work which will help us move the agency forward based on the needs of this community.



Special Projects Continued

Name of Project:

Improving Systems and Services for Inuit Women and Girls affected by Violence in Ottawa

Funder: Status of Women Canada

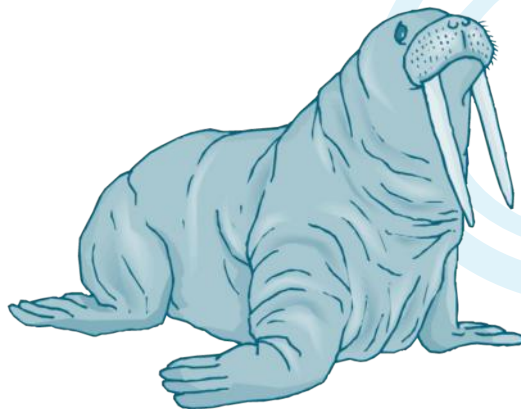
Project Description:

This is a three-year project aimed at improving access to and efficacy of systems and service delivery for Inuit women and girls affected by violence in Ottawa. Project activities include a literature review, needs assessment and the development and delivery of resources and training modules to increase the cultural capacity of service providers. In addition, the project will engage the Ottawa Police Services and Victim Services to collaborate on increasing the safety and cultural safety of Inuit women and girls affected by violence in Ottawa. As the project ramps up, the project coordinator is working with an advisory team consisting of service providers in Ottawa, who have the capacity to change policies, systems, protocols and practices to ensure culturally safe services are being provided to Inuit women and girls. A key activity is to engage the community in assisting us to make the change happen. This will happen through inviting Inuit women to learn to become the voices for change, by training them as co-facilitators and assisting agencies through education.

Funder: Ontario Trillium Foundation

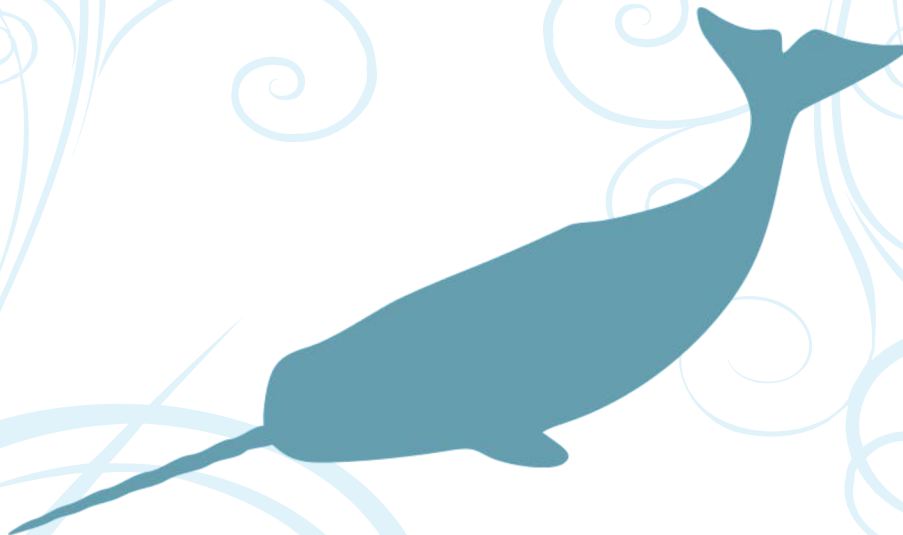
Project Description:

The OICC has been connecting with Inuit in this province to see what they envision for their children and youth. Through this project we hired a consultant to do research around what our role might be provincially and how we move our mandate forward. We are pondering how we might share our knowledge about programs and services for urban Inuit families with other agencies that serve Inuit in Ontario. We have looked at possible models and what that growth could and should look like. We did board governance training and spent a day with staff hearing about where they felt the services gaps are for our families. Senior staff completed a training model called Scaling Up through funding not only from Trillium but also from Innoweave. We feel this work has given us meaningful information that the Board of Directors can use as they move forward with our next strategic directions for the OICC.



Community Events

Every year the OICC staff host some amazing community events that are widely popular for the entire community but especially for our families. This year was no exception. Our families started off the year with a BBQ to kick off the start of the school year. At Christmas, we saw over 500 people pour into our fun-filled family party where children enjoyed a visit from their friend from the North Pole. In February over 300 community members joined us for our Inuit Day where folks enjoyed eating traditional food in the tent, playing games and taking part in activities such as tattoo face painting, bannock making and a scavenger hunt. We then celebrated the end of the school year with an event to acknowledge the children enrolled in our Early Years Programs. These events take a huge amount of time on the part of the OICC team but the smiles on all the faces make it all worth while.



Balance Sheet

Audited Financial Statements March 31, 2016

Balance Sheet

	March 31, 2016	March 31, 2015
ASSETS		
Current Assets		
Cash	495,995	226,262
Accounts Receivable	203,056	189,413
Prepaid Expenses	29,824	8,572
	<u>728,875</u>	<u>424,247</u>
Capital Assets	1,624,910	1,684,784
	<u>2,353,785</u>	<u>2,109,031</u>
LIABILITIES AND NET ASSETS		
Current Liabilities		
Accounts Payable and accrued liabilities	220,704	172,813
Deferred Revenue	332,330	147,710
	<u>553,034</u>	<u>320,523</u>
Deferred Contributions relating to Capital Assets	1,193,910	1,245,156
	<u>1,746,944</u>	<u>1,565,679</u>
NET ASSETS		
Invested in Capital assets	431,000	439,628
Unrestricted	175,841	103,724
	<u>606,841</u>	<u>543,352</u>
	<u>2,353,785</u>	<u>2,109,031</u>

Income Statement

Audited Financial Statements March 31, 2016

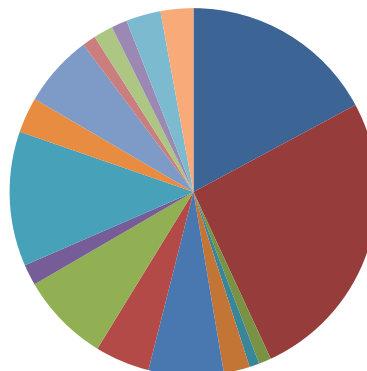
Statement of Revenues and Expenses

WHERE THE MONEY COMES FROM

	<u>2016</u>	<u>2015</u>
1. Public Health Agency of Canada	408,423	427,354
2. City of Ottawa	617,484	601,800
3. Department of Canadian Heritage	26,022	124,392
4. Department of Aboriginal Affairs and Northern Development	0	32,000
5. Status of Women Canada	20,742	0
6. Ontario Ministry of Tourism, Culture and Sport	54,631	65,663
7. Ontario Ministry of Children and Youth Services	156,935	83,730
8. Ontario Ministry of Education	114,409	7,377
8. United Way/Centraide d'Ottawa	187,379	191,626
9. Ottawa-Carleton District School Board	44,007	78,031
10. Ontario Federation of Indigenous Friendship Centres	281,885	97,157
11. Ontario Trillium Foundation	74,192	12,767
12. Donations and other Income *	151,395 *	122,308
13. Children's Aid Society	28,252	62,582
14. Community Foundation of Ottawa	40,962	11,316
15. Contributed Services	32,817	27,224
16. Parental Fees	72,640	68,539
17. Amortization of Deferred Capital Contributions	68,477	65,444
TOTAL REVENUES	<u>2,380,652</u>	<u>2,079,310</u>

* 12. Donations and Other Income Detail

General Donations and Fundraising	80,545	39,249
Other Program Funding	0	7,631
TD Bank	13,369	0
Other	57,481	75,428



Income Statement Continued

WHERE THE MONEY GOES

1. Salaries and Benefits	1,471,402	1,304,114
2. Program Materials, Services & Transportation *	505,408	481,905
3. Office and Facility Expenses **	158,241	135,289
4. Amortization	77,105	81,451
5. Administrative Expenses ***	20,112	19,071
6. Professional Services	15,174	15,271
7. Training and Travel Costs	55,783	41,544
8. Community Events	13,938	14,523
Total Expenses	2,317,163	2,093,168

Expense Detail

*2. Program Materials, Services and Transportation

<i>Food and Materials</i>	109,590	138,538
<i>Contracted Services</i>	155,387	107,257
<i>Transportation Services</i>	240,431	236,110

**3. Office and Facility Expenses

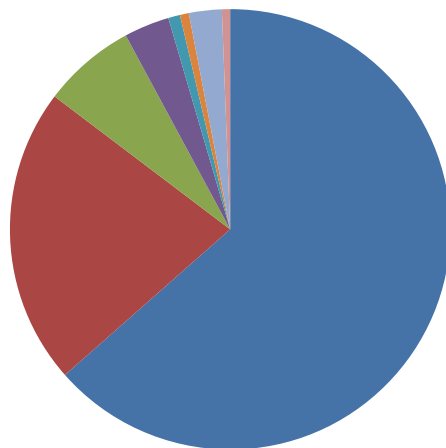
<i>Office Supplies and Equipment</i>	41,616	21,113
<i>Utilities and Telephone</i>	32,888	33,643
<i>Repairs and Maintenance</i>	83,737	80,533

*** 5. Administrative Expenses

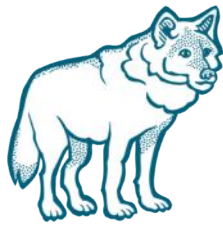
<i>Bank and Payroll Charges</i>	5,733	4,663
<i>Insurance</i>	14,379	14,408
<i>Interest</i>	-	-

EXCESS of REVENUES OVER EXPENSES

	63,489	-13,858
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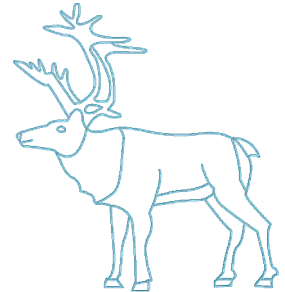


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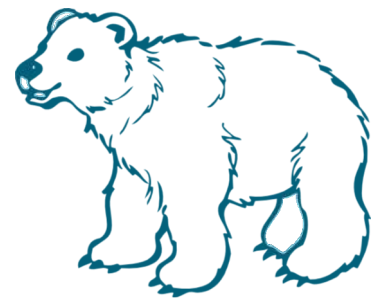
Board of Directors

Melinda Shambare - Vice President
Andree Lacasse - Treasurer
Mary Shorten - Secretary
Reepa Evic-Carleton - Director
Jeannie Koonoo - Director



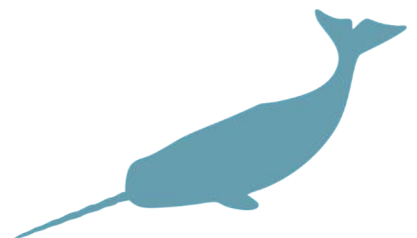
Ex-Officio

David M. Zackrias
Maria Healy
Carl Dobbin
Trevor Gillis



Past Members

Violet Ford
Rick Tscherkassow
Janice Oolayou



Ottawa Inuit Children's Centre

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