ᐅᖃᐅᔾᔨᒋᐊᕈᑎᒃᓴᑦ ᐊᖓᔪᖅᑲᖑᔫᖅᑐᓄᑦ

ᐃᓕᖅᑯᓯᖓᓂᒃ ᐱᕈᖅᐸᓪᓕᐊᑎᑦᑎᓂᖅ

- ᐃᓕᓐᓂᐊᕋᒪ ᐃᒃᐱᒍᓱᑦᑎᐊᕈᓐᓇᕐᓂᕐᒥᒃ ᓇᒡᓕᒍᓱᒍᓐᓇᕐᓂᕐᒥᒡᓗ. ᖃᓄᐃᓕᐅᖃᑦᑕᕐᓂᕋ ᐃᓚᒃᑲᓄᑦ ᐊᒃᑐᐊᓂᖃᕐᒪᑦ ᖃᓄᖅ ᐃᓱᒪᒋᔭᐅᓕᕈᓐᓇᕐᓂᖏᓐᓄᑦ. ᐃᓕᓐᓂᐊᖅᑎᑦᑕᕆᐊᖃᖅᑕᕐᒪ ᐃᓅᓱᒪᓂᒃ ᖃᓄᐃᓕᐅᕈᑎᒋᖃᑦᑕᕐᓂᐊᖅᑕᒃᑲᓂᒃ ᐱᐅᔪᓂᒃ. ᐃᓕᓐᓂᐊᖅᑎᓪᓗᖓ ᒥᑭᔪᓂᒃ ᐆᒪᔪᓂᒃ ᐋᓐᓂᖅᑎᕆᖃᑦᑕᕐᑯᓇᖓ ᐅᕝᕙᓘᓐᓃᑦ ᓄᑕᕋᐅᖃᑎᒃᑲᓂᒃ. ᐃᓕᓐᓂᐊᖅᑎᓪᓗᖓ ᒥᐊᓂᖅᓯᔨᖃᕋᐸᑕ ᑕᐅᑐᒃᑐᒥᒃ ᐅᕝᕙᐸᑎᓐᓂᒃ.

- ᐃᓕᑦᑎᕝᕙᓪᓕᐊᒐᒪ ᐊᕝᕙᑎᐸᑎᓐᓃᑦᑐᓂᒃ. ᐃᓕᑦᑎᕝᕙᓪᓕᐊᔪᖓ ᐊᕝᕙᑎᕗᑦ ᐅᕝᕙᐸᑎᓐᓂᒃ ᒥᐊᓂᖅᓯᔪᓐᓇᕐᒪᑦ ᓄᓇᒋᔭᖅᐳᑦ ᑲᒪᒋᑦᑎᐊᖃᑦᑕᒋᐸᑎᒍᑦ. ᐃᓕᓐᓂᐊᖅᑎᓪᓗᖓ ᒥᐊᓂᖅᓯᔨᖃᕋᐸᑦ ᑕᐅᑐᒃᑐᒥᒃ ᐅᕝᕙᐸᑎᓐᓂᒃ.

ᑐᓴᐅᒪᖃᑦᑕᐅᑎᓂᖅ ᐅᖃᖃᑎᒌᖃᑦᑕᕐᓂᖅ

- ᐃᓕᑦᑎᕝᕙᓪᓕᐊᒐᒪ ᐅᖃᐅᓯᕐᓂᒃ ᓇᓗᓇᐃᔭᐃᓂᕐᒧᑦ ᖃᓄᐃᓕᐅᕈᑕᐅᔪᓂᒃ. ᑕᐃᓯᔪᓐᓇᖅᑐᖓ ᐱᖁᑎᓂᒃ ᓱᓇᖏᓐᓂᓪᓗ. ᐅᖃᐅᓯᕐᓂᒃ ᐃᓕᑦᑎᕝᕙᓪᓕᐊᔪᖓ ᓯᓚᐅᑉ ᒥᒃᓴᓄᑦ ᓇᑭᖕᒑᖃᑦᑕᕐᓂᖏᓐᓂᓪᓗ.

- ᐊᒥᓱᓂᒃ ᐊᐱᖅᑯᓯᖃᖃᑦᑕᖅᑐᖓ! ᐃᑲᔪᖅᑐᖃᑦᑕᖕᖓ ᐃᓱᒪᒃᓴᖅᓯᐅᖅᑎᓪᓗᖓ ᐃᑲᔪᖅᑐᕐᓗᖓ ᑭᐅᔾᔪᑎᒋᓇᔭᖅᑕᒻᓂᒃ ᓇᖕᒥᓂᖅ.

ᐊᔪᖕᒋᑕᒃᑲᓂᒃ ᐱᕝᕙᓪᓕᐊᑎᑦᑎᓂᖅ

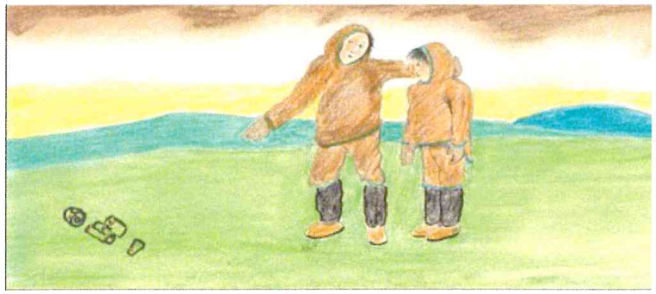
- ᐱᓕᕆᖃᑦᑕᕆᐊᒃᓴᖅ ᐊᑦᑕᓇᖅᑐᒦᖕᒋᓪᓗᖓ, ᓱᕐᓗ ᓄᑭᒃᑲ ᐱᕈᖅᐸᓪᓕᐊᔪᑦ. ᐱᓕᕆᓐᓇᕆᐊᖃᖅᐸᒃᑐᖓ ᐊᒻᒪᓗ ᓄᖅᑲᖓᔪᒪᔪᓐᓇᕐᓇᖓ. ᐃᑲᔪᖕᖓ ᐱᕈᖅᐸᓪᓕᐊᕐᑯᐸᓗᖓ ᓴᖕᒋᔫᓗᖓ ᑎᒍᒥᐊᖅᑎᐸᐸᒡᓗᖓ ᓇᒧᖕᖓᐅᑎᔭᕆᐊᖃᖅᑕᕐᓂᒃ. ᐱᔪᓐᓇᖅᓯᒍᒪ ᓈᑦᑎᖃᑦᑕᕐᑯᓗᖓ ᐅᕐᑯᒪᐃᑦᑐᓂᒃ.

- ᖃᓄᐃᓕᐅᕈᑎᒃᓴᓂᒃ ᒥᑭᔪᓂᒃ ᐃᓕᑦᑎᔪᓐᓇᖅᓯᔪᖓ. ᐊᒡᒐᒃᑯᑦ ᐱᓕᕆᔪᒪᒃᑲᐅᔪᖓ, ᓱᕐᓗ ᑲᑎᑦᑎᓂᖅ ᐅᔭᖅᑲᓂᒃ ᐅᕝᕙᓘᓐᓃᑦ ᓄᒃᑎᖅᑎᕆᓂᖅ ᓴᐅᓂᕐᓂᒃ ᓄᓇᖃᕐᕕᐅᔪᒥᒃ ᓴᓇᖕᒍᐊᕐᓗᖓ.

- ᐅᔾᔨᕈᓯᖕᓂᖅᓴᐅᖃᑦᑕᓕᖅᑐᖓ. ᐅᖃᐅᓯᖃᕐᑯᖃᑦᑕᖕᖓ ᓯᓚᒥᒃ ᐅᑉᓛᑕᒫᒃᑯᑦ. ᐅᖃᐅᓯᖃᕐᑯᖃᑦᑕᖕᖓ ᖃᓄᐃᓕᐅᕈᑎᒋᓯᒪᔭᒃᑲᓂᒃ ᐃᖅᑲᐅᒪᔭᒃᑲᓂᒃ.

ᐊᑐᓕᖅᑎᕆᓂᖅ ᐃᓄᐃᑦ ᐱᒻᒪᕆᐅᑎᑕᖕᒋᓐᓂᒃ

ᐊᕙᑎᑦᑎᓐᓂᒃ ᑲᒪᑦᑎᐊᕐᓂᖅ
(Being Aware of Our Environment)



ᖃᓄᐃᑦᑑᓂᖓ

ᑲᒪᑦᑎᐊᕆᐊᖃᖅᑐᒍᑦ ᐊᕝᕙᑎᐸᑎᓐᓂᒃ ᐊᒻᒪᓗ ᐃᓄᖕᓂᒃ ᐆᒪᔪᒡᓗ ᐊᕝᕙᑎᐸᑎᓐᓃᑦᑐᓂᒃ. ᑲᒪᒋᑦᑎᐊᖕᒋᒃᑯᐸᑎᒍᑦ ᐊᕝᕙᑎᕗᑦ, ᐅᕝᕙᐸᑎᓐᓂᒃ ᒥᐊᓂᖅᓯᑦᑎᐊᔾᔭᖕᒋᑦᑐᖅ. ᓴᐃᒪᓂᒃᑯᑦ ᐊᕝᕙᑎᕗᑦ ᑲᒪᒋᒋᐊᖃᑦᑕᕐᓗᒍ ᑕᐃᒪᐃᑦᑐᓐᓇᕐᓂᖅ ᒥᑭᔫᓗᓂ ᐃᓗᐊᖅᑐᖅ. ᖃᐅᔨᒪᓂᖃᑦᑎᐊᕈᑦᑕ ᐊᕝᕙᑎᐸᑎᓐᓂᒃ, ᐅᔾᔨᕈᓯᒍᓐᓇᖃᑦᑕᕐᓂᐊᖅᑐᒍᑦ ᐊᓯᔾᔨᖅᑐᓂᒃ ᑭᐅᔪᓐᓇᕐᓗᒋᓪᓗ.

ᐆᒃᑑᑎ

ᒪᒃᑯᒃᑑᒃ ᐊᐃᐸᐸᓈᒃ ᐃᖃᓗᖕᓂᒃ ᑎᔭᐸᓗᑎᒃ ᐃᕐᕕᖕᒋᑦ ᓇᐅᔾᔪᐊᓄᑦ ᓂᕆᔭᐅᑎᓐᓂᐊᖅᓗᒋᑦ ᑕᒪᐅᖓᒥᐊᖅ ᓄᓇᒧᑦ ᐃᓕᖃᑦᑕᖅᓗᒋᑦ. ᓴᑭᖓ ᐊᖑᑕᐅᓂᖅᓴᖅ ᑲᑎᑦᑎᕝᕙᓪᓕᐊᓕᖅᓗᓂ ᐃᕐᕕᖕᓂᒃ ᓴᐅᓂᐊᕋᒥᑦ. "ᓱᖕᒪᑦ ᓇᐅᔾᔪᐊᓄᑦ ᓂᕆᔭᐅᑎᖕᒋᒥᐊᖅᐱᒃᑭᑦ?" ᒪᒃᑯᒃᑑᒃ ᐊᐃᐸᐸᓈᒃ ᑕᐃᒪᓐᓇ ᐊᐱᕆᔫᒃ. "ᓇᐅᔾᔪᐊᖃᕐᖓᑦ ᓴᓗᒪᖕᒋᑦᑐᐊᓗᓕᖃᑦᑕᕐᒪᑦ ᐊᖑᓇᓱᒃᑏᑦᓗ ᐃᕐᑭᐊᑦᑕᐅᔫᔭᓕᖃᑦᑕᕐᒪᑕ," ᑕᐃᒪᓐᓇ ᑭᐅᐸᓗᓂ. ᓄᓇ ᕿᒪᖃᑦᑕᕆᐊᖃᕋᐸᑎᒍᑦ ᖃᓄᐃᓐᓂᕆᓚᐅᖃᑦᑕᖕᖓ ᐊᓯᔾᔨᖕᒋᓪᓗᒍ. ᐆᒃᑑᑎᒋᓗᒍ, ᓇᑎᕐᓂᐊᖃᑦᑕᕆᐊᖃᕋᐸᑦ ᑐᒃᑐᓕᕆᐊᓂᒃᑳᖕᒐᐸᑦ ᐊᖑᓇᓱᓚᐅᕐᓂᕆᔭᖅᐳᑦ ᖃᐅᔨᓐᓇᕈᓐᓃᕐᓗᓂ. ᑕᒪᓐᓇ ᐅᔾᔨᖅᑐᕐᓂᖅ ᑲᒪᑦᑎᐊᕐᓂᖅ ᐊᕝᕙᑎᑎᓂᒃ ᑲᒪᑦᑎᐊᕐᓂᐅᔪᖅ.

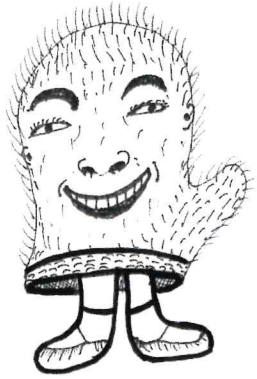
ᐃᖅᑲᐅᒪᔾᔪᑏᑦ

- ✓ ᐊᖃᑦᑕᕆᐊᖃᕐᓂᕐᒧᑦ. ᓄᖅᑲᖓᔪᒪᓱᐃᑦᑐᑦ ᓄᑦᖃᑦ ᓂᕆᑦᑎᐊᖃᑦᑕᕆᐊᓖᑦ ᓂᕿᓂᒃ ᓴᖕᒋᔾᔪᑕᐅᔪᓐᓇᖅᑐᓂᒃ ᓴᐅᓂᒃᑯᑦᓗ ᓴᖕᒋᔾᔪᑕᐅᔪᓐᓇᖅᑐᓂᒃ ᐃᒻᒧᒃᑐᖃᑦᑕᕐᓗᑎᒃ.
- ✓ ᒥᑭᔪᓂᒃ ᑭᓕᕐᖓᑕ ᓴᓗᒻᒪᑦᑎᐊᖃᑦᑕᕐᓗᒋᑦ ᒪᑦᑐᓯᖅᑐᕐᓗᒋᑦᓗ. ᐃᒻᒪᒃᓯᒪᒃᐸᑦ ᑭᓕᖅᓯᒪᓂᖓ, ᑕᕆᐅᓕᖕᒍᑦ ᐃᒫᖅᓯᒪᖃᑦᑕᕐᓗᒋᑦ.

ᐃᓄᙱᐃᓂᖅ

ᓄᑦᖃᓂᒃ ᐱᕈᖅᓴᐃᑦᓗᓂ ᐃᓐᓇᕐᓄᑦ ᐅᖃᐅᔾᔨᒋᐊᕈᑕᐅᔪᑦ

ᒪᕐᕉᖓᓂᒃ ᐅᑭᐅᓕᖕᒍᓄᑦ ᓇᐸᐸᖓᓄᑦᓗ



Nunavut

ᖃᐅᔨᒋᐊᕐᑏᑦ
QAUJIGIARTIIT

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CENTRES OF EXCELLENCE FOR CHILDREN'S WELL-BEING
Children and Adolescents with Special Needs

ᑕᐃᒪᓐᓇ ᑕᖅᑭᓖᑦ

ᑕᐃᒪᓐᓇ ᐅᑭᐅᓖᑦ, ᓄᑕᖅᑲᑦ ᐃᓅᖅᑲᑎᖕᒋᑦ ᖃᓄᐃᓕᐅᖅᑎᑦᑐᒋᑦ ᒪᓕᒋᐊᔭᕐᑐᑦ. ᐃᓕᑦᑎᕙᒃᑐᑦ ᐃᔾᔪᐊᖅᓗᑎᒃ ᐃᓅᖅᑲᑎᒥᓂᒃ. ᐃᔾᔪᐊᖅᐸᒃᑐᑦ ᑕᑯᔭᒥᓂᒃ ᑐᓴᖅᑕᒥᓂᒃᓗ. ᐃᓐᓇᖅᑎᑐᑦ ᐱᓕᕆᔨᓱᑐᐃᓐᓇᕆᐊᓖᑦ, ᓱᕐᓗ ᓂᕆᑦᓗᑎᒃ ᓂᕿᒥᓂᒃ ᐱᓚᒃᑐᐃᓂᖅ ᐅᕝᕙᓘᓐᓂᑦ ᐊᓯᖏᓐᓂᒃ ᐅᓗᕆᐊᓇᖅᑐᓂᒃ. ᐃᖏᓂᒃ ᐱᓕᕆᔪᒪᒐᔪᒃᑐᑦ. ᐱᓕᕆᙳᐊᕈᒪᕙᒃᑐᑦ. ᐃᔾᔪᐊᙳᐊᕈᒪᒐᔪᒃᑐᑦ ᐃᓅᓯᕐᒥ ᖃᓄᐃᓕᐅᕈᑕᐅᔪᓂᒃ ᐱᙳᐊᖅᓗᑎᒃ.

ᓂᕕᐊᖅᓵᑯᓗᐃᑦ ᐃᔾᔪᐊᕈᒪᒐᔪᒃᑐᑦ ᐊᓈᓇᒥᓂᒃ ᐊᒻᒪᓗ ᓄᑲᐸᐱᐊᑯᓗᐃᑦ ᐃᔾᔪᐊᕋᔪᒃᑐᑦ ᐊᑖᑕᒥᓂᒃ. ᓄᑲᐸᐱᐊᑯᓗᐃᑦ ᐃᔾᔪᐊᖅᑎᓪᓗᒋᑦ ᐊᑖᑕᒥᓂᒃ, ᐊᓈᓇᒥᓂᒃ ᒥᐊᓂᖅᓯᓇᓱᒃᐸᒃᑐᑦ. ᐃᓕᑦᑎᔪᓐᓇᕐᒥᔪᑦ ᓈᒻᒪᙱᑦᑐᓂᒃ ᐃᓕᖅᑯᓯᕆᔭᐅᔪᓂᒃ. ᐆᒃᑑᑎᒋᓗᒍ, ᐊᑖᑕᒥᓂᒃ ᐸᑦᑕᒃᑐᓂᒃ ᑕᑯᒐᔪᒃᑯᑎᒃ ᐅᕝᕙᓘᓐᓂᑦ ᑕᓚᕕᓴᒃᑯᑦ ᖃᑎᒍᑎᓂᒃ ᖃᑎᒃᑐᓂᒃ, ᑕᐃᒪᐃᓕᐅᕈᒪᓕᕐᓂᐊᖅᑐᑦ.

ᓄᑲᐸᐱᐊᑯᓗᐃᑦ ᐱᑦᑎᐊᙱᒐᔪᖕᓂᖅᓴᐅᓲᑦ ᓂᕕᐊᖅᓵᑯᓗᖕᓂᒃ. ᐊᓯᒥᓂᒃ ᐱᑎᑦᑎᓂᕋᐃᒐᔪᒃᑐᑦ ᖁᕕᐊᒋᔭᐅᙱᑦᑐᒪᙱᑦᓗᑎᒃ.

ᑕᐃᒪᓐᓇ ᐅᑭᐅᓖᑦ, ᐃᖏᓂᒃ ᐊᓐᓄᕋᖅᑐᕈᒪᒐᔪᒃᑐᑦ. ᐃᖏᓂᒃ ᐊᓐᓄᕋᖅᑐᖅᓗᑎᒃ, ᐃᓕᑦᑎᕙᒃᑐᑦ ᑕᓕᖅᐱᒥᓂᒃ ᓴᐅᒥᕐᓕᕐᒥᓂᒃᓗ, ᐊᒻᒪᓗ ᐊᓐᓄᕋᑦᑎᐊᖅᓂᕐᒧᑦ ᐊᓐᓄᕋᑦᑎᐊᙱᓐᓂᕐᒧᑦᓗ. ᐊᓐᓄᕋᓂᒃ ᐊᑐᖅᑐᐊᕈᒪᒐᔪᒃᑐᑦ ᐊᒻᒪᓗ ᐊᓐᓄᕋᖅᑐᙳᐊᕈᒪᒐᔪᒃᑐᑦ. ᐊᓐᓄᕋᓂᒃ ᐊᖅᓵᓴᕐᓱᒃᓗᑦ, ᐅᑦᑏᓇᔭᓇᐊᖅᑲᕐᓇᖅᑐᑦᑑᓐᓂᑦ, ᐊᓐᓄᕋᓂᒃ ᐊᓐᓂᕈᓯᒧᑦ.

ᐊᓈᓇᑦᑎᐊᓇᔭᐅᔪᑦ ᐊᑖᑕᑦᑎᐊᓇᔭᐅᔪᑦ ᑕᐃᒪᐃᑦᑐᓂᒃ ᐅᑭᐅᓕᖕᓂᒃ ᐃᓅᖅᑎᖅᑲᔪᒃᑐᑦ, ᕿᓄᐃᓴᕈᓐᓇᕐᓂᖅᓴᐅᖕᒪᑕ, ᐊᐅᓚᑦᑎᔪᓐᓇᕐᓂᖅᓴᐅᖕᒪᑕ, ᐊᒻᒪᓗ ᐅᓂᑉᑳᖅᑐᐊᖅᐸᒃᓗᑎᒃ ᓄᑕᖅᑲᓄᑦ ᐃᓅᓯᕐᒥ ᐱᑦᑎᐊᓇᐊᖅᑲᕐᓂᕐᒧᑦ ᐃᓅᑦᑎᐊᕈᒪᓂᕐᒧᑦ. ᑕᐃᒪᓐᓇ ᐅᑭᐅᓖᑦ, ᐊᔾᔨᐅᙱᑦᑐᒃᑯᑦ ᐅᒃᐱᕈᓯᖕᓂᖅᑲᖅᐸᒃᑐᑦ ᐊᓈᓇᑦᑎᐊᕐᒥᓄᑦ ᐊᑖᑕᑦᑎᐊᕐᒥᓄᑦ, ᐊᓈᓇᑦᑎᐊᓇᔭᐅᔪᑦ ᐊᑖᑕᑦᑎᐊᓇᔭᐅᔪᑦ ᐱᕕᒃᓴᖅᑲᕐᓂᖅᓴᐅᖕᒪᑕ ᓄᑕᖅᑭᓇᔪᓐᓇᕐᓂᕐᒧᑦ ᐱᓕᓇᐊᒃᓴᖅᑲᕐᓂᖅᓴᐅᕙᒃᑎᓪᓗᑦ ᐊᖕᒪᔪᖅᑲᓇᔭᐅᔪᑦ.

ᑕᐃᒪᓐᓇ ᐅᑭᐅᓖᑦ, ᓂᓇᓂᔭᓇᐊᖅᑲᑕᒥᓂᒃ ᓇᕐᒋᔪᖕᓂᖅᓴᑦ. ᓂᓇᔪᒪᔭᒥᓂᒃ ᓂᕈᐊᖅᓖᕐᔪᖕᓂᖅᓴᑦ. ᐃᓚᖏᓐᓂᒃ ᓂᕿᓂᒃ ᓂᓇᔪᒪᙱᑦᑐᐃᓐᓇᓇᐊᓖᑦ.

ᐊᖓᔪᖅᑳᖕᒍᔪᑦ ᖃᓄᐃᓕᐅᕈᓐᓇᕐᒪᖔᑕ

- **ᐃᓕᓐᓂᐊᖅᑎᑦᑎᓂᖅ ᐃᓕᖅᑯᓯᑦᑎᐊᕙᖕᒥᒃ.** ᐆᒃᑑᑎᒋᓗᒍ, ᐃᓕᓐᓂᐊᖅᑎᓪᓗᒋᑦ ᑎᒡᓗᒃᓯᒋᐊᖅᑲᖅᑲᑦᑕᙱᓐᓂᕐᒧᑦ ᐅᕝᕙᓘᓐᓂᑦ ᑑᖅᓯᒋᐊᖅᑲᖅᑲᑦᑕᙱᓐᓂᕐᒧᑦ, ᐅᕝᕙᓘᓐᓂᑦ ᐅᒡᓕᖅᓯᒪᑐᐃᓐᓇᕐᓗᑎᒃ ᖁᐊᖅᓯᐅᕝᕙᖅᑕᓇᖅᑲᑦᑕᖅᑯᓇᒋᑦ ᖁᓕᕈᐊᓂᒡᓘᓐᓂᑦ, ᐅᕝᕙᓘᓐᓂᑦ ᐊᓯᖏᑦᑕ ᐱᖁᑎᖏᓐᓂᒃ ᑎᒍᓯᖅᑲᑦᑕᖅᑯᓇᒋᑦ.
- **ᐃᓂᖅᑎᑦᓚᑦᑖᖅᐸᒡᓗᒋᑦ ᐅᖅᑲᐅᑎᑦᑎᐊᖁᓗᒋᑦ ᐅᐃᒪᔫᖅᓇᖕᒋᑦᑐᒃᑯᑦ** ᐃᓂᖅᑎᓇᓂᑦ ᐅᐃᒪᔫᖅᓇᖕᒋᑦᑐᒃᑯᑦ ᐃᓅᓯᖕᒐᓄᑦ ᐊᒃᑐᖅᓯᓂᖅᑲᖅᓂᐊᖁᑦ ᐅᐃᒪᔫᖕᒋᑦᓗᓂ. ᐸᑎᒃᑯᖕᓂ ᖁᐊᐊᓱᖕᒋᑦᓗᑎᑦ, ᐃᓕᑦᑎᓂᐊᖅᑐᖅ ᐸᑎᒃᓯᖅᑲᑦᑕᖅᓂᐊᖅᖁᑦ ᐃᓂᖅᑎᖕᒐᑦ.
- **ᐊᖏᖅᑲᑎᒌᖅᑲᑦᑕᖅᓗᓯ ᖃᓄᖅ ᐊᖓᔪᖅᑳᖕᒍᔪᓗᓯ ᑲᒪᖅᑲᑦᑕᖅᓂᐊᖅᒪᖔᔪᓯ.** ᐅᖅᑲᖅᑎᒌᖅᑲᑦᑕᖅᓗᓯ ᐊᖓᔪᖅᑳᖕᒍᓂᐅᔪ ᒥᒃᓴᓄᑦ ᐃᓕᔪᓯᑐᐊᖅ. ᐊᖏᖅᑲᑎᒌᖅᑲᑦᑕᖅᓗᓯ ᓄᑕᖅᑭᓇᓕᖕᖁᔪᓂᒃ.
- **ᐃᑲᔪᖅᑐᖅᑲᑦᑕᖅᓗᒋᑦ ᕿᑎᑦᑎᐊᔪᓴᖅᓂᖅᒥᒃ ᖁᕕᐊᓱᓯᒍᓐᓇᕐᓂᖅᒥᒃᓗ.** ᑕᐃᒪᓐᓇ ᐅᑭᐅᓖᑦ, ᓄᑕᖅᑲᑦ ᐱᓕᕆᔪᒪᒃᑲᐅᖕᒪᑕ ᓄᖅᑲᖕᒐᔪᒪᔪᓐᓇᖅᑎᖅᑐᒃᑯᑦ. ᒥᑭᔪᓂᒃ ᐱᙳᐊᕈᑎᒃᓴᖕᒋᓐᓂᒃ ᑐᓂᕙᒃᓗᑎᑦ ᐊᒻᒪᓗ ᖃᓄᐃᓕᐅᕈᑎᓂᒃ ᐆᒃᑑᕈᓐᓇᖅᑕᖕᒋᓐᓂᒃ, ᐱᓗᐊᖅᑐᒥ ᓯᓚ ᓂᒡᓕᓇᓗᐊᖅᑎᓪᓗᒍ ᕿᑦᑐᓇᐊᖅᑲᓗᐊᖅᑎᓪᓗᒍᓘᓐᓂᑦ.
- **ᓱᓇᓂᒃ ᖃᐅᔨᔪᒪᓂᖕᒋᑦ ᐱᔫᒥᒍᓱᖕᓂᖕᒋᑦ ᐃᑲᔪᖅᑐᖅᐸᒡᓗᒋᑦ.** ᑭᓯᐊᓂ, ᐅᔾᔨᖅᑐᑦᑎᐊᕐᓗᒋᑦ ᐅᓗᓇᐊᓇᖅᑐᒥᖕᑯᓇᒋᑦ.
- **ᐊᓈᓇᑦᑎᐊᒃᑯᒥᓂᒃ ᐊᑖᑕᑦᑎᐊᒃᑯᒥᓂᒃ ᐅᒡᓕᖅᑎᖅᑲᑦᑕᕐᓗᒋᑦ.** ᓄᑕᕋᐃᑦ ᐊᓈᓇᑦᑎᐊᒃᑯᒥᓃᑎᒐᔪᒡᓗᒍ ᐊᑖᑕᑦᑎᐊᒃᑯᒥᓂ. ᐊᓈᓇᑦᑎᐊᓇᔭᖅ ᐊᑖᑕᑦᑎᐊᓇᔭᖅ ᐅᓂᑉᑳᖅᑐᐊᖅᑲᑦᑕᖅᑯᓗᒍ ᐊᒻᒪᓗ ᐃᓄᒃᑎᑐᑦ ᐅᖅᑲᓇᐅᖅᓴᑦᑎᖅᑲᑦᑕᖅᑯᓗᒋᑦ (ᐃᓄᓯᐸᒍᑎᑦ).
- **ᖃᐅᔨᒪᓗᓯ ᐊᑖᑕᐅᔪᑦ ᐅᖓᒋᔭᐅᖕᒪᑕ.** ᐊᑖᑕᐅᔪᑦ, ᑕᐃᒪᓐᓇ ᐅᑭᐅᓕᖕᓂᒃ ᐃᓅᖅᑎᖅᑲᖅᓂᖅᓴᐅᔭᓇᐊᓖᑦ. ᓄᑲᐸᐱᐊᑯᓗᐃᑦ ᓂᕈᐊᖅᑳᖅᑲᖅᓂᐊᖁᑦ ᐊᑖᑕᒥᓄᑦ ᓵᖕᖓᐅᔪᒪᓖᑦ.
- **ᐅᖅᑲᖅᑎᒋᖕᒐᒡᓗᒍ ᓄᑕᕋᖅᐃᑦ.** ᐊᐱᓇᖕᒐᒡᓗᒍ ᓱᓇᒥᒃ ᐃᓱᒪᒋᔭᖅᑲᕐᒪᖔᑦ. ᐃᓅᓯᑯᓗᐊ ᐃᓕᖅᑯᓯᑯᓗᐊ ᖃᐅᔨᒋᐊᕐᓗᒍ.
- **ᐅᔾᔨᖅᑐᕐᓗᒍ ᓄᑕᕋᖅᐱᑦ ᐃᓕᖅᑯᓯᖓ ᐃᓅᓯᖓ ᐊᒻᒪᓗ ᐃᑲᔪᖅᑐᖅᐸᒡᓗᒍ ᐱᓇᓱᒃᑎᓪᓗᒍ.** ᓄᑕᕋᓇᔭᐃᑦ ᐃᓕᑦᑎᐊᓚᕙ, ᐃᑲᔪᒃᑲᐅᕙ, ᐅᕝᕙᕙ ᓯᕗᓕᖅᑎᑦᑎᐊᕙᖅᑐ?
- **ᓂᕿᑦᑎᐊᕙᖕᓂᒃ ᓴᖅᑭᖔᖅᑎᑦᑎᕙᒡᓗᑎᑦ!** ᐃᓄᒃᓯᐅᑎᓂᒃ ᓂᓇᑎᐸᐸᒡᓗᒋᑦ ᐊᒻᒪᓗ ᓂᐅᕕᕕᖕᓂᖅᓵᖅᑐᓂᒃ ᓂᕿᑦᑎᐊᕙᖕᓂᒃ.

ᐊᖓᔪᖅᑳᖕᒍᐸᓗᓂ ᐊᔪᙱᓐᓂᓇᔭᐅᔪᑦ ᐆᒃᑐᕋᖅᑕᐅᔪᓐᓇᖅᑐᑦ ᑕᐃᒪᓐᓇ ᐅᑭᐅᓕᖕᓄᑦ

ᐃᑲᔪᖅᑦᑕᕐᓗᒋᑦ ᓄᑕᖅᑲᑦ ᑕᐃᒪᓐᓇ ᐅᑭᐅᓖᑦ ᐃᓱᒪᓕᐅᑦᑎᐊᕈᓐᓇᕐᓂᕐᒧᑦ. ᐆᒃᑑᑎᒋᓗᒍ, ᓂᕈᐊᖅᓱᖅᑎᐸᐸᒡᓗᒋᑦ ᓇᓕᐊᖕᓂᒃ ᐊᓕᖅᑳᖕᓂᒃ ᐊᑐᕐᓂᐊᕐᒪᖔᕐᒥᒃ ᐅᕝᕙᓘᓐᓂᑦ ᖃᓄᐃᓕᐅᕈᒪᖔᖕᒪᖔᑦ.

ᑕᐃᒪᓐᓇ ᐅᑭᐅᓖᑦ ᓄᑕᖅᑕᑦ ᐃᓕᓐᓂᐊᖅᑎᐸᐸᒡᓗᒋᑦ ᖃᐅᔨᓴᖅᑦᑕᓇᐊᖅᑲᓂᖕᒋᓐᓄᑦ ᐅᔾᔨᖅᑐᖅᑦᑕᓇᐊᖅᑲᓂᖕᒋᓐᓄᑦ. ᓂᕈᐊᖅᓱᖅᑎᐸᐸᒡᓗᒋᑦ ᐊᖏᓛᖑᔪᒥᒃ ᒥᑭᓛᖑᔪᒥᒃᓗᓐᓂᒃ ᐱᕐᑎᓂᒃ ᑲᑎᑕᐅᓯᔪᓂᒃ, ᐅᕝᕙᓘᓐᓂᑦ ᐱᕐᑎᓂᒃ ᐊᔾᔨᒌᖕᒋᑦᑐᓂᒡᓗᓐᓂᑦ. ᐃᓕᓐᓂᐊᖅᑎᓪᓗᒋᑦ ᐅᖅᑲᐅᓯᕐᓂᒃ ᐃᒪᓐᓈᖅᑐᕈᑎᓂᒃ ᐅᕝᕙᓘᓐᓂᑦ ᓇᓗᓇᐃᔭᐅᑎᓂᒃ ᐱᕐᑎᓄᑦ.

ᓄᑕᖅᑲᑦ ᑕᐃᒪᓐᓇ ᐅᑭᐅᓖᑦ ᓇᒧᖕᒐᐅᑎᕙᒡᓗᒋᑦ ᓄᑖᓄᑦ ᐅᐸᑕᐅᕙᓕᖅᑐᓄᑦ. ᐆᒃᑑᑎᒋᓗᒍ, ᐅᖅᑲᓕᒫᒐᖅᑲᖕᒐᓪᓗᒋᑦ ᐅᕝᕙᓘᓐᓂᑦ ᓈᓚᒐᖕᒧᑦ.

ᓱᓇᕈᔭᔭᕐᓂᒃ ᓴᓇᒋᐅᖅᓴᓂᕐᒧᑦ ᐃᑲᔪᖅᑐᖅᑦᑕᕐᓗᒋᑦ. ᐱᙳᐊᕈᑎᒃᓴᖅᑦᑎᐊᕙᖕᓂᒃ ᐊᑐᐃᓐᓇᕈᖅᑎᖅᑎᓯᒪᖅᑦᑕᕐᓗᓯ. ᐆᒃᑑᑎᒋᓗᒍ, ᖃᓯᕐᑯᑎᑦ ᐊᓕᓚᔪᑦ ᓄᓇᒃᑰᕈᑎᙳᐊᓕᐅᕈᑕᐅᔪᓐᓇᖅᑐᑦ ᐃᒪᓗᔪᔪᙳᐊᓕᐅᕈᑕᐅᓗᑎᒡᓗ, ᖃᒧᑎᙳᐊᓕᐅᕈᑕᐅᓗᑎᒃ, ᐊᒻᒪᓗ ᓱᓇᑐᐃᓐᓇᕐᑎᐊᓂᒃ ᓄᑕᕋᖅᐱᑦ ᐱᑖᓇᔪᒪᓇᔭᖅᑕᖕᒋᓐᓂᒃ.

ᓯᕗᓕᖅᑎᐅᕙᒡᓗᑎᑦ ᐱᙳᐊᖅᑎᑦᑎᓂᒃᑯᑦ ᐊᓯᖏᑦ ᓄᑕᖅᑲᑦ ᐱᖃᑕᐅᔭᕐᖓᑕ. ᓱᕐᓗ, ᓄᑕᖅᑲᑦ ᐃᓕᓐᓂᐊᖅᑎᐸᐸᒡᓗᒋᑦ ᕿᑎᒍᑕᐅᕙᒃᑐᓂᒃ ᓱᕐᓗ Simon Says-ᒥᒃ ᐅᕝᕙᓘᓐᓂᑦ Follow the Leader-ᒥᒃ.

ᐃᑲᔪᖅᑐᖅᐸᒡᓗᒋᑦ ᓄᑕᖅᑲᑦ ᐱᖃᐃᓕᓴᖅᑦᑕᕈᓐᓇᕐᓂᕐᒧᑦ, ᓱᕐᓗ ᐱᙳᐊᖅᑲᖅᑦᑕᕐᓗᑎᒃ ᐊᖅᓴᕐᒥᒃ. ᓄᑕᖅᑲᑦ ᑕᐃᒪᓐᓇ ᐅᑭᐅᓖᑦ ᐃᓕᑦᑎᔪᓐᓇᖅᑐᑦ ᐊᖅᓴᓄᑭᖅᑎᑦᑎᔪᓐᓇᕐᓂᕐᒧᑦ ᐊᖅᓴᕐᒥᒃ, ᐊᔾᔨᓯᔪᓐᓇᕐᓂᕐᒧᑦ, ᑎᒍᓯᔪᓐᓇᕐᓂᕐᒧᑦ ᐊᒻᒪᓗ ᐊᖅᓴᕐᒥᒃ ᐱᒡᓕᖅᑕᖅᑎᑦᑎᔪᓐᓇᕐᓂᕐᒧᑦ ᐊᒻᒪᓘᓐᓂᑦ ᐊᓇᐅᓯᔪᓐᓇᕐᓂᕐᒧᑦ ᑐᒡᕕᒋᓂᐊᖅᑕᖕᒐᓂᒃ ᓇᓗᓇᐃᖅᓯᓗᑎᒃ.

ᐃᑲᔫᑎᒃᓴᑦ ᐊᖓᔪᖅᑳᖕᒍᓄᑦ

- ᓄᑕᕋᖅ ᑐᓵᖕᒋᑎᓪᓗᒍ ᐊᖓᔪᖅᑳᖕᒍᖅᓴᖅᓂᕐᒧᑦ ᐃᑲᔫᑎᓂᒃ ᐅᖅᑲᖅᑎᒌᒍᑎᖅᑲᑦᑕᕐᓗᓯ. ᓄᑕᕋᖅ ᑕᐅᑐᒃᑎᓪᓗᒍ ᐊᐃᕙᐅᑎᖅᑲᑦᑕᖕᒋᓪᓗᓯ ᐊᖏᖅᑲᑎᒌᖅᒋᓐᓂᕐᒧᑦ. ᑕᒪᓐᓇ ᐅᐃᒪᔫᕈᑕᐅᓕᕈᓐᓇᖅᑐᖅ ᓄᑕᕋᕐᒧᑦ. ᐃᖏᓂᒃ ᓈᒻᒪᒃᓴᕈᓐᓂᕈᓐᓇᖅᑐᖅ ᐊᒻᒪᓗ ᐅᒃᐱᕈᓯᒍᓐᓇᐃᓪᓗᓂ.
- ᓄᑕᕋᓇᔭᐃᑦ ᐃᓅᑉᓂᓂ ᐱᕈᖅᓴᓂᖓ ᐅᐱᒋᓗᒍ. ᐃᑲᔪᖅᑐᖅᐸᒡᓗᒋᑦ ᐊᔾᔨᐅᙱᑦᑐᒃᑯᑦ ᓴᙱᓂᖅᑲᕐᒥᖕᒪᑕ. ᐅᔾᔨᓇᖅᑦᑕᕐᓗᒋᑦ ᓴᙱᓂᖅᑲᕐᓂᖕᒋᓐᓂᕐᒧᑦ ᐊᒻᒪᓗ ᐊᖅᑭᕈᐊᖅᑲᑦᑕᕐᓗᒋᑦ ᐱᑦᑎᐊᙱᖅᑲᖕᒐᖕᒪᑕ. ᑐᕈᓯᓇᑦᑎᐊᕐᓗᒋᑦ ᓂᓇᐅᒋᔭᑎᑦ ᓄᑕᕋᓇᔭᐃᑦ ᐃᓕᑦᑎᓂᐊᕐᒪᑦ ᐃᓅᖅᑎᖅᑲᑦᑕᖅᑎᐊᕈᓐᓇᕐᓂᕐᒧᑦ ᐃᓅᖅᑎᒥᓂᒃ.