

TUKIMUT

After-School Program

Tukimut Coordinator

Lindsay Walsh

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Tukimut is an after-school program for Inuit children in Ottawa between the ages of 6-13 or grade 1-7.

Some of our community partners include:

- Elders
- Let's Talk Science
- ACTUA
- Right to Play
- Ottawa School of Art
- City of Ottawa
- Ottawa Public Health

Some of the fun activities at Tukimut include:

- Inuktitut Lessons
- Homework support
- Sewing and Beading
- Arts and Crafts
- Gym and Sports

"Thank you so much for taking my son in. He's super excited to be a part of Tukimut. He's interested in his Inuk culture side and wants to know more, and I know Tukimut will give him that. Much of our time is spent in transit bussing and this eliminates some of our limited activities outside of school. Tukimut allows him a sense of belonging and to be part of the Inuit community. I know this will teach him part of his identity and will have a long-lasting effect on his self-esteem. I'm looking forward to seeing the growth in my son. I definitely recommend all Inuit in the Urban Inuk community to access these services."

- Tukimut Parent



Monday – Friday
4:00 PM – 7:00 PM
September – June
***Excluding Holidays**



Transportation Included*
Healthy Snack + Dinner
2 nights offered per child

Ontario
Trillium Foundation



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Inuuqatigiit
Centre for Inuit Children, Youth and Families

Strong Culture
Families
Communities

www.inuuqatigiit.ca