Teaching Examples
ᐃᓕᓂᐊᑎᑎᓂᕐᒧᑦ ᐅᒃᑐᕋᐅᑎᑦ

Children ᓄᑦᑲᑦ

- *Focus on your child's strengths and build their self-esteem; give helpful criticism when needed.*
  ᐅᔾᔨᒋᓗᑎᑦ ᓄᑦᕋᕕᑦ ᐱᒡᒍᓂᖏᓂ ᐊᒻᒪ ᐱᒋᐸᓕᐊᑎᓗᒍ ᐃᒥᓂ ᐅᐱᒍᓱᓂᕐᒥ ᐃᑦᔪᖅᑐᐃᓂᕐᒥᑦ ᐅᖃᖃᑎᒋᑦᕐᓗᒍ.
- *Take the time to get to know your child and learn what their interests and passions are.*
  ᖃᐅᔨᒪᓕᖅᐸᓕᐊᓗᒍ ᓄᑦᕋᖅᐱᑦ ᐃᓕᑦᑎᕙᓕᐊᓂᐊ ᐊᒻᒪ ᓱᓇᒥ ᐱᒍᐊᒐᖃᒪᖕᒐᑦ ᐱᒃᐱᒋᓂᐊᓗ.
- *Create opportunities to develop these skills.*
  ᑲᔪᓯᑎᒋᐊᑲᓂᕐᓗᒍ ᐊᔪᖏᓂᖏᑦᓂᒃ.

Teenagers ᒪᒃᑯᑐᑦ

- *Support your teen to master the skills they need to live their own life; support independence.*
  ᐃᑲᔪᖅᑐᕐᓗᒍ ᒪᒃᑯᑐᖅ ᐊᔪᖏᓂᖏᑦ ᐊᑐᕐᓗᒋ ᐃᒥᒍᑦ ᐃᓄᔭᕆᐊᖃᒪᕐ; ᐃᑲᔪᕐᓗᒍ ᐊᑐᐊᓂᐊᒐᓂᒃ.
- *Continue to set high expectations but learn to let go and trust your teen as they get older.*
  ᐱᓗᐊᕕᒥ ᐱᓕᕆᐊᖃᑎᑐᐃᓇᕐᓗᒍ ᑭᓯᐊᓂ ᐅᒃᐱᒋᓱᓗᑎᑦ ᓴᑯᕙᓕᐊᓗᒍ ᒪᒃᑯᑐᖅ ᐊᒃᑐᒋᐸᓕᐊᑎᓗᒍ.

Living According to Inuit Culture and Values
ᐃᓂᓯᖅ ᐃᓄᐃᑦ ᐱᕐᑯᓯ ᒪᓕᒃᓗᒋ

Living according to Inuit culture, beliefs, and values is an important element of Inunnguiniq and Inuit Qaujimajatuqangit.
ᐃᓄᐃᑦ ᐱᕐᑯᓯ ᒪᓕᒃᓗᒋᑦ ᐃᓅᓂᖅ ᐅᒃᐱᒋᔭᑦ ᐱᓕᕆᐅᒪᑕ ᐃᓄᖕᒍᐃᓂᕐᒧᑦ ᐊᒻᒪ ᐃᓄᐃᑦ ᖃᐅᔨᒪᔭᑐᖃᐃᑦᓄᕐ.

Inuit Values associated with recognizing the uniqueness of each individual include: ᐃᓄᐃᑦ ᐱᓕᕆᐅᓂ ᐃᓕᓕᐅᑎᓯᒪᓗᒋᑦ ᐃᓕᑕᕿᓯᒪᓂᖅ ᐊᔾᔨᒋᖏᓂᖏᓂ ᐃᓄᐃᕐ.

- *Listening* ᑐᓴᓯᕐᓂᖅ
- *Unpretentious* ᐱᐅᓯᒋᖏᓂᖅ
- *Responsibility* ᐱᔭᕐᖃᐅᒪᓂᖅ
- *Respect* ᐅᐱᒍᓱᓂᖅ
- *Significance* ᑐᑭᖃᓂᖅ
- *Trust* ᐅᒃᐱᓇᕐᓂᖅ
- *Oneness* ᐊᑕᐅᓯᐅᖃᑕᐅᓂᖅ
- *Acceptance* ᐊᑲᐅᒃᓯᕐᓂᖅ

Think about how these values are important in your life.

ᐃᕐᔭᐅᑎᒋᓗᒋᑦ ᑕᒪᒃᑯᐊ ᖃᓄᖅ ᐱᓕᕆᐅᓂ ᐊᑐᕐᒪᖔᑕ ᐃᓄᓯᕐᒧᑦ.

Inunnguiniq Parenting Program

ᐃᓄᖕᒍᐃᓂᖅ ᐱᕈᓴᐃᓂᕐᒧᑦ ᐃᓕᓂᐊᕈᑎᒃᓴᐃᑦ

Principle #5

ᒪᓕᒐᐃᑦ #5

Recognize the Uniqueness of Each Individual

ᖃᐅᔨᒪᒋᐊᖃᓂᖅ ᐃᓄᐃᑦ ᐊᑦᔨᒋᖏᓂᖏᑦᓂᒃ

The principle
ᒪᓕᒐᐃᑦ

Recognizing the uniqueness of each individual includes the following: ᖃᐅᔨᒪᒋᐊᑲᓂᖅ ᐃᓄᐃᑦ ᐊᕋᒋᖏᓂᖏᓂᒃ.

- *Setting expectations that they can reach* ᑎᑭᑦᑐᓪᓗᐊᖅᑕᖏᓐᓂᒃ ᑐᕋᒐᖅᑎᓪᓗᒋᑦ.
- *Identifying skills and nurturing them.* ᖃᐅᔨᒪᓗᒋᑦ ᐱᔪᓐᓂ ᐊᒻᒪ ᒥᐊᓂᕆᑎᐊᕐᓗᒋᑦ.
- *Never confusing the child/have clear expectations based on their abilities.* ᓇᓗᓕᖅᑎᑕᐃᓕᓗᓂ ᓄᑕᖃᒥᒃ/ᐊᔪᖏᓂᖏᑦ ᑕᐅᑐᕋᑎᐊᕐᓗᒋᑦ.
- *Focusing on strengths, accepting weakness* ᐱᒡᒍᓂᖓ ᑕᐅᑐᒡᓗᒍ, ᐊᔪᕆᔭᖏᑦ ᓇᒻᒪᒋᓗᒋᓪᓗ
- *Being present in your community* ᓄᓇᓕᒥᓃᐅᑕᐅᓗᓂ.
- *Using their skills to support others* ᐊᔪᖏᓃ ᐊᑐᕐᓗᒋᑦ ᐃᑲᔪᕐᓂᖅ.

What can parents do?
ᖃᓄᖅ ᐊᖓᔪᑲᖅ ᐱᔪᓗᐊᖅᐸ?

It is important that parents help teach their children to recognize their own uniqueness. Parents can do this by:
ᐱᒻᒪᕆᐅᕗᖅ ᐊᖓᔪᖅ ᐃᓕᓂᐊᑎᑎᓂᐊᕐᓗᓂ ᓄᑕᖃᒥ ᐃᓕᑕᕿᑎᑎᐊᓂᐊᓗᓂ ᐊᕋᒋᖏᓂᖏᓂᒃ.

- *Encouraging a child's unique interests and curiosity.* ᐃᑲᔪᖅᑐᐃᓂᖏᑦ ᓄᑕᕋᐅᑉ ᐃᒥᒍᑦ ᐅᔾᔨᕈᓐᓂᐊ.
- *Setting clear goals and expectations* ᑐᕋᖓᖃᑎᐊᕐᑯᔨᓂᖅ ᐊᒻᒪ ᓂᕆᐅᓂᖅ ᓯᕗᓂᒃᓴᒍᑦ.
- *Encouraging your children to try new things.* ᐃᑲᔪᖅᑐᐃᓂᖅ ᓄᑕᖃᓂ ᓄᑖᓂᒃ ᐅᑐᖅᑕᒥᐊᕐᑯᔨᓂᖅ.
- *Observing your child's personality and supporting his or her strengths.* ᖃᐅᔨᓴᕋᑎᐊᓂᖅ ᓄᑕᕋᐅᑉ ᑭᓇᐅᓂᐊ ᐊᒻᒪ ᒥᐊᓂᕆᑎᐊᕐᓗᒍ ᐱᔪᓐᓇᓂᐊ.
- *Not treating two children the same but recognizing their differences and their uniqueness.* ᒪᕿᐸᓂ ᓄᑕᖃ ᐊᕋᒋᑎᖏᓗᒋᑦ ᐃᓕᑕᕆᓗᒋᑦ ᐊᕋᒋᖏᓂᖏᑦ ᐊᒻᒪ ᐃᒻᒥᒍᕐᓂᖏ.

Teaching Examples
ᐃᓕᓂᐊᑎᑎᓂᕐᒧᑦ ᐅᒃᑐᕋᐅᑎᑦ

Below are ways parents can help teach their children to recognize their own uniqueness.
ᐊᑖᓂ ᑎᑎᕋᖅᓯᒪᔪᑦ ᖃᓄᖅ ᐊᖓᔪᖅ ᐃᓕᓂᐊᑎᑎᔪᓗᐊᒪᖓ ᖃᐅᔨᒪᒋᐊᖃᓂᖅ ᐃᓄᐃᑦ ᐊᕋᒋᖏᓂᖏᑦᓂᒃ

Infants ᓄᑕᕋᓚᖅ

- *Observe and encourage an infant's interest and uniqueness.* ᖃᐅᔨᓴᕐᓗᒍ ᐅᔾᔨᕆᓗᒍᓗ ᐅᔾᔨᕈᓐᓂᐊ ᐊᒻᒪ ᐃᒻᒥᒍᓂᐊ.
- *Do not treat two children the same; realize that each child is different and unique.* ᓄᑕᖃᒃ ᒪᕿᒃ ᐊᕋᒋᓂ ᐱᕈᓴᖏᓗᒋᑦ; ᐃᓕᑕᕆᓗᒋᑦ ᐊᕋᒋᖏᓂ ᐊᒻᒪ ᐃᒥᒍᕐᓂᖏᑦ.

Toddlers ᓄᑕᕋ

- *Observe your child's personality and recognize their unique skills and abilities (cater to these)* ᖃᐅᔨᓴᕐᓗᒍ ᓄᑕᕋᖅᐱ ᑭᓇᐅᓂᐊ ᐊᒻᒪ ᐃᓕᑕᕆᓚᒍ ᐊᔪᖏᓂᖏᑦ ᐱᔪᓐᓇᓂᖏᑦᓗ (ᐱᑎᒋᐊᖅᑕᓗᒋᕐ)
- *Develop their social skill development by having them play with other children.* ᐊᔪᖏᓕᖅᑎᐸᓕᐊᓗᒋᑦ ᐊᑦᔭᓂ ᓄᑕᖃᓂ ᐱᖓᐊᖃᑎᖃᓂᕐᒥ.