

The principle ጊረጊሮ

Rising above hardships through continual solution seeking includes the following:

የረጅም ጊዜ ለመቆየት ለሚያስፈልጉት
 ልዩ ልዩ ጥረት ይደረጋል

- **Being adaptable and future oriented**
 ለረጅም ጊዜ ለመቆየት ለሚያስፈልጉት ጥረት ይደረጋል
- **Being capable so that others will have confidence in you**
 ለሌሎች ምክንያት ለሌሎች ጥረት ይደረጋል
- **Identifying your needs and seeking only what you need**
 ለራስዎ ለሚያስፈልጉት ጥረት ይደረጋል
- **Applying knowledge to experiences to learn continually**
 ለራስዎ ለሚያስፈልጉት ጥረት ይደረጋል
- **Seeking understanding and appreciation of the things around you**
 ለሌሎች ምክንያት ለሌሎች ጥረት ይደረጋል

What can parents do? ግብረሰብ ለራስዎ ለሚያስፈልጉት ጥረት ይደረጋል?

It is important that parents help teach their children to rise above hardships through continual solution seeking. Parents can do this by:

ለራስዎ ለሚያስፈልጉት ጥረት ይደረጋል ለሌሎች ምክንያት ለሌሎች ጥረት ይደረጋል

- Ensuring children take responsibility for their actions
 ለራስዎ ለሚያስፈልጉት ጥረት ይደረጋል
- Ensuring your children are adaptable to new environments and new situations
 ለሌሎች ምክንያት ለሌሎች ጥረት ይደረጋል
- Using stories to teach them to prepare for the future
 ለራስዎ ለሚያስፈልጉት ጥረት ይደረጋል
- Teaching children how to cope with disappointment
 ለራስዎ ለሚያስፈልጉት ጥረት ይደረጋል
- Setting high expectations for their behaviours
 ለራስዎ ለሚያስፈልጉት ጥረት ይደረጋል
- Being an active teacher (be present around your children and use time together as an opportunity to teach)
 ለራስዎ ለሚያስፈልጉት ጥረት ይደረጋል
- Never show your child that you defend them, otherwise when they are older you won't be able to control them
 ለራስዎ ለሚያስፈልጉት ጥረት ይደረጋል

5 Teaching Examples ለራስዎ ለሚያስፈልጉት ጥረት ይደረጋል

Below are ways parents can help their children rise above hardships through continual solution seeking.

ለራስዎ ለሚያስፈልጉት ጥረት ይደረጋል ለሌሎች ምክንያት ለሌሎች ጥረት ይደረጋል

Infants ለራስዎ ለሚያስፈልጉት ጥረት ይደረጋል

- Do not spoil your children; provide them with what they need but do not overindulge them.
 ለራስዎ ለሚያስፈልጉት ጥረት ይደረጋል
- Always talk to your child; he or she is absorbing everything they hear
 ለራስዎ ለሚያስፈልጉት ጥረት ይደረጋል
- Do not have a favourite child
 ለራስዎ ለሚያስፈልጉት ጥረት ይደረጋል

Toddlers ለራስዎ ለሚያስፈልጉት ጥረት ይደረጋል

- Encourage toddlers to explore the world and experience new things (do not be overly protective)
 ለራስዎ ለሚያስፈልጉት ጥረት ይደረጋል
- Teach proper behaviour and discipline when needed, but in a calm manner
 ለራስዎ ለሚያስፈልጉት ጥረት ይደረጋል

